

Potential Skills, Activities and Places of Interest during Becoming Wild Quests

- Wildlife viewing (view Quest Video to see potential wildlife)
- In-depth tracking, animal sign & trail reading, understanding language of the birds
- Plant identification, uses and myths, proper harvesting, cooking & preserving techniques
- Primitive cooking styles
- Fire-by-Friction, weaving, fish-hook making, natural cordage
- Fishing: jigging and trolling with modern & ancient gear
- Seashore identification, edibility, uses
- Presentations on the science of survival & the mind
- Inspiring storytelling
- Awareness, movement, invisibility, intuition & sacred silence exercises
- Skill testing games
- Lost-proofing and wilderness safety
- Medicinal plant remedies
- Meditation/Visualization exercises for advanced awareness skills & abilities
- Transformational workshops
- River estuaries, hidden waterfalls, old growth trees & historical sites